



NATIONAL INSTITUTE OF AYURVEDA

Deemed to be University

(Ministry of AYUSH, Government of India)

Jorawar Singh Gate, Amer Road, Jaipur (302002) Rajasthan



Academic Brochure

KSHARA SUTRA CERTIFICATE COURSE

NATIONAL INSTITUTE OF AYURVEDA

National Institute of Ayurveda, Deemed to be University, Jaipur, (NIA), Amer Road, Jaipur Rajasthan is an apex Institute under the Ministry of AYUSH, Government of India for promoting the growth and development of Ayurveda and serve as a model Institute for evolving high standards of teaching, training, research, patient care and also to invoke scientific outlook to the knowledge of Ayurveda System of Healthcare. Institute has attained status of Deemed to be University (De novo Category) which has been granted by the University Grants Commission (UGC) on 9th of November, 2020. Institute was accredited with NAAC 'A' grade on 8th April, 2021. The National Institute of Ayurveda was established on 7th February 1976 by the Ministry of Health and Family Welfare, Government of India. Since its inception, it has continuously been engaged in promoting reforms and developments in Ayurveda System of Health care at National and International level. The Institute is not only a premier Institute under the Central Government but also amongst apex institutions in the field of Ayurveda education and training in the country.

The Institute imparts UG, PG and Ph.D. Education and also Diploma Course in Ayurveda Nursing and Pharmacy, Inter disciplinary MSc. Courses and Certificate courses of different durations. The UG Course of Ayurvedacharya (BAMS) is of 5½ Year duration divided into 3 Professional Courses of 1½ Years each i.e. 4 ½ Years of the Main Course and 1 Year Internship. The PG Course of MD/MS(Ay.) is available in 14 Specialties, viz. Agad Tantra, Dravya Guna, Kayachikitsa, Kaumar Bhritya, Maulik Siddhanta, Panchkarma, Prasuti Tantra & Stri Roga, Roga Nidan & Vikrit Vigyan, Rasa Shastra & Bhaishajya Kalpana, Sharir Rachana, Sharir Kriya, Shalya Tantra, Shalakyta Tantra and Swastha Vritta. The Institute has a 354 Bedded Hospital with OPD and a Primary Emergency Care Unit.

Department of Shalya Tantra is dealing with surgical aspects of the system through imparting quality patient care, teaching, training and various research activities concerning surgery. Specialized treatment is provided for Arsha (Hemorrhoids) and Bhagandara (Fistula in ano) with Kshara Karma (Caustic therapy) and Kshara Sutra (Caustic thread) therapy, Gridhrasi (Sciatica), Sandhivata (Osteoarthritis), Kadara (Corn), Vatakantaka (Calcaneum Spur), Charmakeela (Warts), Avabahuka (Frozen Shoulder), Tennis Elbow etc. by Agnikarma (Thermal Cautery), Raktamokshana (Bloodletting), Marma Chikitsa and Shalya Karma (Surgery). The Department also provides treatment for chronic non healing ulcers, peripheral vascular disorders by Jalaukavacharana (Leech Therapy) method. This Department also undertakes treatment of Bhagna, Mutra Ashmari (Urinary Calculi), Undukapuccha Shotha (Appendicitis), Pittashaya Shotha (Cholecystitis), Pittashaya Ashmari (Cholelithiasis), Vriddhi Roga (Hydrocele, Hernia etc.) and other general surgical disorders.

The teaching faculties of the department are expert in various Surgical and Parasurgical procedures. This department has its own OPD (General Shalya, Anorectal & Orthopedic), IPD, Minor Operation theatre (Shastra Karma, Kshara Karma, Kshara Sutra, Agnikarma and Raktamokshana Units) and Major Operation theatre. The Department imparts Under Graduate, DAN & P, Post Graduate and Ph.D education along with hand to hand surgical training. The CCTV facility of OT light with Camera, C-arm facility, Laser, Laparoscopy, Gastroscopy, Colonoscopy, Video Rectoscopy and Fistuloscopy are also available in Major Operation theatre and connecting with the class room for live demonstrations of various surgical procedures to the students along with interaction.

The department has its own well equipped operation theatre where all the surgical procedures like Appendectomy, Cholecystectomy, Hernial repairs, Mastectomy, Thyroidectomy etc. are done under sterile environment under proper Anesthesia.

Kshara Sutra Certificate Course for Ayurvedic doctors

Ayurvedic medicine has its own importance for the treatment of various medical and surgical diseases irrespective of tremendous development of modern medicine. There are number of diseases where modern surgery is unable to offer satisfactory treatment and recurrence of these diseases is common even after repeated surgeries.

Kshara Sutra therapy is a minimal invasive Ayurvedic parasurgical procedure and time-tested Ayurvedic technique in the management of anorectal disorders. It is a safe, sure and cost-effective method of treatment for fistula-in-ano, haemorrhoids and other sinus diseases.

A 45 days Kshara Sutra Certificate Course is being offered by NIA in the Department of Shalya Tantra. This course is for Ayurvedic graduates, Practitioners, Medical Officers, Ayurvedic College teachers and Researchers.

Aims and Objectives of the Course- To provide applied knowledge of Kshara Karma, Kshara Sutra and their application in the management of anorectal disorders especially in the treatment of fistula in ano, haemorrhoids and other sinus diseases.

Type of the course – 45 days Certificate course will be a hybrid learning program with periodical assessment.

Outcome of the Course - The candidate gets to learn from the most experienced and best faculty along with the good infrastructure. Every candidate undergoing the course will be proficient in performing the Kshara Sutra therapy.

ADMISSION IN KSHARA SUTRA CERTIFICATE COURSE

Eligibility for Admission- BAMS from a recognized University.

Duration: 45 Days (30 days online theory classes + 15 days practical demonstration)

Selection Procedure: On the basis of availability of seats and first come first serve basis.

Medium of Instruction: English and Hindi

Seats: Total 150 Seats – 50 participants in each batch (Online theory classes) followed by 15 participants per batch in practical demonstrations.

Certificate: 3 assessments will be done after every 15 days. Certificate will be provided to the trainees after completion of the course.

General rules and regulation: Will be followed as per NIA guidelines.

Dress: White Apron or Uniform as instructed.

Boarding and Lodging: Participants will arrange by their own.

Timing: Practical classes (Offline)- OPD, IPD, OT & Kshara Sutra Lab - 9:00AM to 2:00 PM

Theory classes (Online) – 2.30 PM to 4 PM.

COURSE CURRICULUM

S.NO.	TOPIC
1	Surgery in Ayurveda
2	Applied Anatomy of rectum, anal canal and perineum
3	Applied Physiology of rectum and anal canal
4	Diagnosis of Anorectal disorders
5	Preparation of Kshara Sutra
6	Preparation of Pratisaraneeya Teekshna Kshara
7	Diagnostic modalities in Anorectal diseases
8	Anaesthesia in Anorectal disorders
9	Nadivrana – Sinus/Pilonidal Sinus
10	Bhagandara Pidaka
11	Bhagandara
12	Fistula-in-ano
13	Indications and Contraindications of Kshara Sutra
14	Complicated fistulae and their management
15	Problems and Complications of Kshara Sutra therapy
16	Wound management during Kshara Sutra therapy
17	Adjuvant measures during Kshara Sutra therapy
18	Arshas
19	Haemorrhoids
20	Kshara Karma in Anorectal disorders
21	Parikartika/Fissure-in-ano
22	Gudabhramsas/Rectal prolapse
23	Use and abuse of laxative, analgesics and antibiotics
24	Research works done on Kshara Sutra
25	Research works done on Kshara Karma
26	Assignment

Filling up of Application Form

- Application forms can be filled and submitted only online mode from our website <http://www.nia.nic.in/>
- Forms submitted in any other mode will not be considered and summarily rejected.
- Application Fee: Rs 500/-
- Application Fee once paid will not be refunded under any circumstances.

How to apply

- Candidates are required to apply in online application portal available on our website <http://www.nia.nic.in/>
- Institute will not consider any another format or application proforma. Application completed in all respects uploading self-attested copies of all certificates, mark sheets, educational qualifications.

Invalid Applications: Candidates are advised to read all instructions carefully before applying for online portal otherwise their applications are likely to be rejected on one or more of the following reasons in terms of the notifications.

- Applications received after the closing date.
- Candidates not having the required qualification.
- Applications, which are incomplete/illegible in any manner.
- Applications without the prescribed Application Fee (as applicable).
- Applications send via any other mode other than online portal.

Last Date of receiving application:

Closing date of receipt of application form: 15th June 2023

FEE STRUCTURE FOR THE COURSE

The candidates found eligible and selected for the certificate course will be admitted only after payment of course fee.

Course fee – Indian Nationals (In Indian Rupees)

Total fee: 20,000.00

SAARC AND BIMESTAC COUNTRIES: Fee structure same as Indian National total amount to be deposited at the time of admission.

Foreign Nationals (In US dollars): 300 US dollars

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