



NATIONAL WORKSHOP ON MARMA CHIKITSA

FIRST LIVE DEMONSTRATION WORKSHOP

30th and 31st August, 2019



ORGANIZED BY
PG DEPARTMENT OF SHALYA TANTRA
NATIONAL INSTITUTE OF AYURVEDA, JAIPUR



Dr. Sunil Joshi

Internationally Renowned
Marma Expert

VENUE :

NATIONAL INSTITUTE OF AYURVEDA

(Ministry of AYUSH, Govt. of India)

Jorawar Singh Gate, Amer Road, Jaipur-302002

E mail: nia-rj@nic.in Website – <http://nia.nic.in>

Prof. P. Hemantha Kumar
Head & Organizing Chairman

Prof. Sanjeev Sharma
Director

ABOUT OUR INSTITUTION

National Institute of Ayurveda is an apex Institute of the Ministry of AYUSH, Government of India for promoting the growth and development of Ayurveda as a model Institute for evolving high standards of Teaching, Training, Research and Patient Care activities with incomparable academic standards in the field of Ayurveda at Under Graduate, Post-Graduate, Post-Doctoral, DAN & P and Certificate levels and also to invoke scientific outlook to the knowledge of Ayurvedic System of Medicine.

Post-graduate Department of ShalyaTantra is dealing with surgical aspects of the system through imparting quality patient care, teaching, hand to hand surgical training and various research activities. The department has its own OPD (General Shalya, Anorectal, Orthopedic & Marma Chikitsa), IPD, Minor Operation theatre (Sastra Karma, Kshara Karma, Kshara Sutra, Agnikarma & Raktamokshana Units), Endoscopy unit and Major Operation theatre.

Dear Doctor,

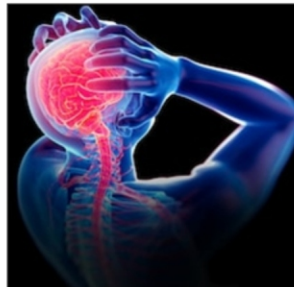
We extend our cordial invitation to participate in the National Workshop on Marma Chikitsa with Live demonstration on Various disorders, organised by PG Department of Shalya Tantra, National Institute of Ayurveda, Jaipur on 30th and 31st August, 2019.

Marma Science is an immediate, natural, non-invasive and cost effective mode of healing. It is the art of treating certain vital points to rechannel the *prana*. There are several changes in the body's biochemistry and can unfold radical, chemical change in one's makeup after manipulating the *marma* points. Stimulation of these inner pharmacy pathways indicates the body to produce assured neurochemicals that rectifies the body and mind.

The workshop will provide common platform for exchange of ideas among the experts and scholars with active participation through live demonstrations, discussions, interactive sessions and guest lectures.

Marma Chikitsa will be performed for the following diseases -

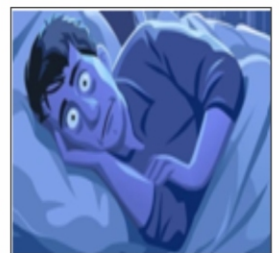
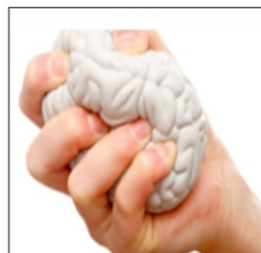
- **Headache**
- **Migraine**
- **Cervical Spondylosis**
- **Low Backache**
- **Sciatica**
- **Frozen Shoulder**
- **Tennis Elbow**
- **Osteoarthritis**
- **Rheumatoid arthritis**



- **Stress**
- **Anxiety**
- **Depression**
- **Insomnia**
- **Hypertension**
- **Diabetes mellitus**
- **Cerebral Palsy**
- **Post-polio Paresis**
- **Delayed Milestone disorders**
- **Life style disorders**



Note – Demonstration of cases depend upon availability of patients at the time of workshop



Registration details:

Who Can Participate

- ◆ Practitioners/Professionals (Graduates/Post Graduates)
- ◆ Ph.D/PG Scholars/Interns/UG students

Registration fee:

	Up to 15 st August, 2019	Before 25 th August, 2019
Delegates	2500/-	3000/-

Note:

- ◆ We expect about 300 delegates to remain present at the workshop, we request to you to confirm your presence as soon as possible to avoid any inconvenience.
- ◆ All delegates are expected to attend all the sessions on both days.
- ◆ Registration fee includes Conference Kit, Certificate, Two breakfast & Two Lunch (Excluding accommodation).
- ◆ Cancellation of the registration is not possible.
- ◆ No spot Registration.
- ◆ Registration fees will be accepted only through RTGS//NEFT/Online transaction.

ABSTRACTS

Delegates may send 5 mins Innovative and Practical Oral presentation regarding Marma Chikitsa through Email upto 10st August, 2019. For more information, please contact

Organizing Chairman- Prof. P. Hemantha Kumar – 9414056362

Email –deptofshalyatanrania@gmail.com

Co-ordinators: Dr. Ashok Kumar - 9649180572, Dr. Narinder Singh - 9549370912
Dr. B. Swapna - 9799025141, Dr. Manorma Singh - 7414810997

PROGRAMME SCHEDULE

30th August, 2019	
8.00 -9.30	Registration & Breakfast
9.30 – 10.00	Inauguration & Dhanwantari Vandana
10.00 – 11.00	Interaction to Marma Science and Marma Therapy (Universally Sustainable Medical system)
11.00 – 12.00	Identification of Marma Points of Head, Back and Front.
12.00 – 13.00	Oral Presentations
13.00 – 14.00	Lunch
14.00 – 16.00	Practical training for Identification of Marma points and techniques in Head, Back and Front
31st August, 2019	
8.00 -9.00	Breakfast
9.00 – 10.00	Marma Yoga Technique Demonstration
10.00 – 12.00	Management of different diseases through Marma therapy
12.00 – 12.30	Frozen shoulder with Marma Chikitsa-Prof. P. Hemantha Kumar
12.30 – 13.00	Discussion
13.00 – 14.00	Lunch
14.00 – 15.00	Practical training of Marma therapy
15.00 – 17.00	Marma therapy medical camp for patients (treatment session)
17.00 – 17.30	Valedictory session

Chief Patron



Shri Shripad Yesso Naik
Honorable Minister of AYUSH, Govt. of India

Patron



Shri Vaidya Rajesh Kotecha
Honorable Secretary,
Ministry of AYUSH, Govt. of India

Patron



Prof. Sanjeev Sharma
Director, NIA, Jaipur

Organizing Chairman



Prof. P. Hemantha Kumar
Head, PG Dept. of Shalya Tantra, NIA, Jaipur.

Organizing Secretaries



Dr. Ashok Kumar



Dr. Narinder Singh



Dr. B. Swapna



Dr. Manorma Singh

STEERING COMMITTEE

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REGISTRATION FORM

PLEASE FILL IN CAPITAL LETTERS ONLY

DATE: _____

Name: _____

Qualification: _____ Registration Number: _____

Address: _____

City: _____ Pincode: _____ State: _____

Email: _____

Whatsapp Mobile number: _____

PAYMENT DETAILS

Mode of Payment: RTGS NEFT

No: _____ Date: _____ Bank: _____

Branch: _____ Amount: _____ In Words: _____

Signature of the Delegate

Account Name :	DIRECTOR (SHALYA TANTRA), NIA, JAIPUR
Beneficiary Bank Name	CENTRAL BANK OF INDIA
Branch	NATIONAL INSTITUTE OF AYURVEDA, Jaipur
Account Number	3762008944
IFSC Code	CBIN0283634

Brochure and Registration form available on NIA website.

Send the filled registration form with payment details on E-mail –deptofshalyatantrania@gmail.com